



Reconnecting

Annual report 2021-22



Chi Miigwetch!

Thank you to our Funders and Partners

Wabano exists from the support of our funders and meaningful partnerships. We say *chi miigwetch* (Ojibwe word for our highest appreciation) to each one of these partners for helping the Indigenous community in Ottawa live *Mino Bimaadiziwen* (Ojibwe word for health, literal translation is “the good life”).

- Bell Canada
- City of Ottawa
- Employment and Social Development Canada
- Indigenous Healing and Wellness Strategy
- Indigenous Services Canada
- Ministry of Children, Community and Social Services
- Ministry of Education
- Ministry of Health and Long-Term Care of Ontario
- Ministry of Heritage, Sport, Tourism and Culture Industries
- Ministry of Indigenous Affairs
- Ontario Aboriginal Housing Services
- Ontario Federation of Indigenous Friendship Centres
- Ontario Health East Region
- Ottawa Carleton District School Board
- Ottawa Public Health
- Public Health Agency of Canada
- Service Canada
- Sixties Scoop Healing Foundation
- United Way





Message from Our Executive Director

Our community has always been sustained through connection. The pandemic put this notion to the test, we had to be creative in how we connect to one another safely, meaningfully and for the good of all.

This past year, as the pandemic restrictions began to loosen, we could once again be open to those original connections and could focus on reconnection.

Wabano's Igniting the Spirit Gala was reinstated this year, the first time in three years. Like all Wabano galas, the decorations were exquisite, the cultural performances were captivating, the special guests were inspiring, and the atmosphere was celebratory. But there was something different this year.

This year, there was a deep joy that was palpable throughout the room. It was the kind of deep joy that only comes from kinship ties. In many communities across Turtle Island, we perform ceremonies to welcome back migratory animals when they return from their winter homes. Our spirits lighten when the geese call again, when the turtles begin to lay their eggs, or when the monarch butterflies fill our fields with colour.

Their arrival sparks our kinship ties, and we celebrate our reconnection.

Reconnection at Wabano has been equally as powerful. From the launch of a cultural education series on YouTube, to the opening of in-person seniors programming, to the release of Share Your Story (a video and report on anti-Indigenous racism in healthcare), the Wabano team has actioned the things that matter to our community, so that we can reconnect with one another.

Like our animal family, each one of us has the ability to reconnect, to honour the land and waters and the gifts that are given to us. I say chi miigwetch to each one of you for all you have done, and continue to do, to ensure that our kinship ties are strong for future generations.

Allison Fisher

Wabano's Essential Services

The Medical Clinic

Throughout the pandemic, Wabano has been available to support clients to ensure they received the best care possible. People were able to access services in-person if they chose to come in but also had the option for phone and virtual appointments.

By remaining open, clients had the opportunity for physical interaction in a safe-space, after many months of lock-downs and social distancing. Although provincial restrictions were often in place, clients were still able to come to Wabano and to be in a place of beauty, with culture reflected in all areas of our building.

Staff went above and beyond with not only phone and virtual appointments but continued with proactive services, such as wellness checks on the most vulnerable clients and prescription refills. This provided clients reassurance that they were being supported.

This past year, while many health care centers had difficulty with recruitment and retention of staff, the Wabano clinic remained stable. We know that this helps clients feel more secure, as building a relationship with a health care practitioner takes time, and trust is not developed right away. We are thankful that our clients had this continuity of service during these uncertain times.



719
new clients
registered
at Wabano

350,026
clients who visited
Wabano since
2013 expansion

3,953
clients served
this year

10,496
active clients

COVID-19 Vaccinations

Wabano continued to partner with Ottawa Public Health to bring the community several COVID-19 Indigenous vaccination clinics throughout the last year. Eligibility continued to change throughout the year: different doses became available, and different age groups needed their vaccines. Wabano regularly adapted to these changes, listening to the community and providing what was needed.

July 2021

- The province accelerated eligibility for second doses to include children/youth aged 12-17.
- Wabano wrapped up a vaccination clinic for ages 12+ this month.

November 2021

- The province approved first boosters for those aged 18+ and primary doses for ages 5-11.
- Wabano hosted a booster clinic for ages 60+.

November 2021 till January 2022

- The extremely-transmissible Omicron variant was rapidly spreading across the province, causing the province to tighten restrictions and encourage boosters.
- In partnership with Wabano, a booster clinic was held at Richelieu-Vanier Community Centre.
- This clinic was focused on primary doses for ages 5-11.

January 2022

- Restrictions started to lift across the province this month, with promise of even more being lifted in February and March.
- Wabano hosted a Family Vaccination Clinic for ages 5+, as eligible.

February 2022

- The province expanded booster dose eligibility to youth aged 12-17 in February.
- Wabano opened the Indigenous Vaccination Hub for 2 days a week on Tuesday and Thursday. The Hub is a place for clients and community members to speak directly to an OPH nurse about their concerns or questions around vaccines, fostering trust and encouraging vaccine uptake within the community.

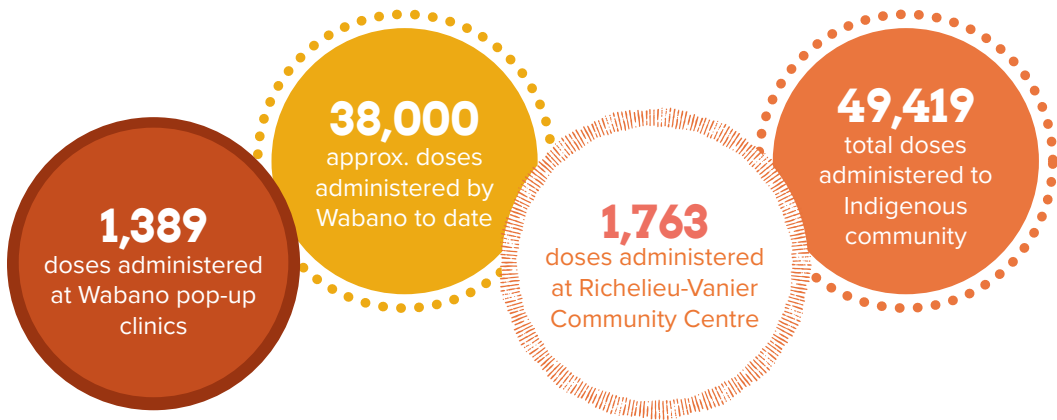
April 2022

- The province opened eligibility for Indigenous people aged 18+ to receive their fourth dose (or second booster dose).
- Wabano hosted a Family Vaccination Clinic for all eligible age groups this month, encouraging those in our community who were elderly or immunocompromised to receive their fourth dose booster.

June 2022

- The Hub closed in June for the summer, as demand from the community slowed. The Hub reopens in September to administer pediatric doses for those aged 6 months to under 4 years old.





Clinic

- 183** Well-child appointments
- 207** Pre-natal appointments
- 1,057** Prescriptions filled by phone
- 258** Foot care appointments
- 554** Dental clinic appointments



Housing & Homelessness

The Housing team relocated to a new office at 338 Montreal Road this past year. This was an exciting transition for the team as it allowed for better communication and collaboration between team members. Having the team all located at one site has allowed for easier access to services and support for clients and the community.

Being without – or on the verge of losing – housing can be emotional, stressful, exhausting, and sometimes, a real crisis situation. The impacts of the pandemic have been immense and resulted in more housing crises than in the past. The housing team continued to provide services and support throughout this challenging time, even though the team was not fully staffed.

The new office was a highlight for everyone. It represents a safe space, and is a place of belonging for clients and community members. The team has seen only positive outcomes from this change and look forward to another year of supporting the Ottawa Indigenous community in all their housing needs.



Housing Department



Mental Wellness

This past year the Mental Wellness team bid farewell to Director Marianna Shturman. After 14 years of dedicated service, Marianna's employment journey is taking her to new experiences in a new role with the Government of Canada. Wabano and the Mental Wellness team wish her all the best on this new endeavour and thank her for her many years of dedication and support to the Wabano community.

Despite the continued uncertainty of COVID-19, the Mental Wellness team met clients wherever they were on their wellness journeys and provided robust wrap around services.

While most of the world still worked remotely, the Mental Wellness team provided in-person appointments to 1,231 clients. They also conducted 3,600 virtual appointments, including wellness checks and crisis phone supports. Case management services were provided to 1,360 clients still trying to navigate through the pandemic.



Wabano Programs

There is something for everyone at Wabano! Our many programs provide support to our community members at all stages of their lives, no matter where they are on their path.

Early Years programming provides children with the opportunity to learn about and explore their culture, while providing tools and resources for parents and caregivers to learn traditional ways of parenting and instill a strong cultural influence early in their children's lives. The program also provides an opportunity for parents to come together, share and support one another.

Youth programs are a safe space for those aged 7-17 to learn about culture and connection to community. It gives youth an opportunity to connect with their peers, socialize, develop passions and goals to help them thrive. Program activities focus on helping them recognize and share their unique gifts with confidence.

Healthy Living programs support community members of all ages, empowering them to improve their overall health and wellbeing with healthy life choices. We offer a variety of innovative health promotion programs including fitness classes,

diabetes management support and education, community kitchen, community gardening, FASD support and education, youth programs, traditional teaching events and client advocacy. While most weekly programs remained virtual, we were able to begin some in-person events this year, reconnecting with clients, community, partners and the land.

Throughout the pandemic, it was vitally important to Wabano to keep our Old People* safe, which meant keeping them at home. We gradually, and very happily, transitioned our **Seniors** Circle back to in-person programming, which had been long awaited by our clients. They enjoy traditional teachings, delicious snacks and cultural activities. For those not ready to return to in-person gatherings, we continue to offer virtual programming and home deliveries.

"Our Old People is a traditional term of respect that honours the role that seniors play in our communities. It acknowledges the wisdom and expertise that seniors carry through their life's journey. Not all seniors are Elders (someone who has studied ceremony and different traditional protocols) but all seniors are Old People. We are reclaiming this traditional way of being, how we used to say, "I didn't know what to do, so I went to the Old People for guidance."



Early Years

171

families/parents/caregivers served
(virtually / in person)

127

children served (virtually / in person)

127

virtual classes (Zoom programming)

35

in-person events



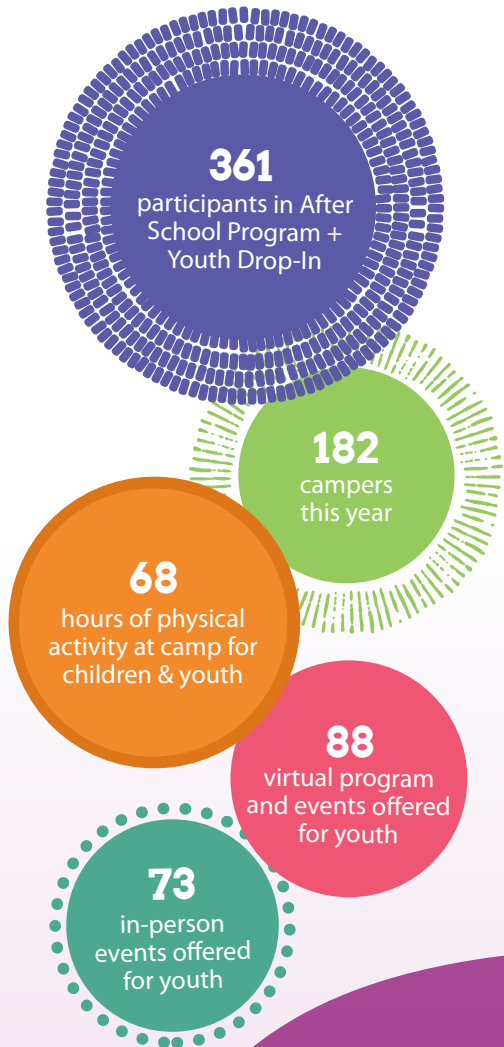
Youth Camps

Before the pandemic, Wabano organized multiple camps for Indigenous youth and families throughout the year. These camps brought the community together – Indigenous youth and parents got the chance to gather and connect with one another; share stories, teachings and ceremonies.

Camps continued throughout the pandemic, with modifications so that the program followed public health guidelines for safety. This meant that all camps were day camps. With guidelines changing and mandates slowly lifting, the Youth team offered a wider range of programming that included summer, culture, family, healing, and March Break camps. The youth and their families thoroughly enjoyed the camp and expressed that they felt brighter and more hopeful as they began to slowly (and safely) gather in person again.

Wabano held the following youth camps this past year:

- Summer Day Camp (July 2021)
- Youth Culture Camp (August 2021)
- Family Camp (November 2021)
- Youth Healing Camp (December 2021)
- March Break Camp (March 2022)





Healthy Living

1,088

Community members that participated in virtual fitness/yoga classes

162

Participants that learned how to prepare nutritious meals (virtual classes)

231

Community members who attended healthy sexuality group

114

Nicotine replacement therapy provided



Seniors



Igniting the Spirit Gala: Making the Water Sing

Emerging from the depths of a global pandemic, Wabano's Igniting the Spirit Gala returned after a two-year pandemic-induced hiatus. One of Ottawa's most significant and sought-after social events, our gala brings people together to celebrate the beauty of Indigenous culture and heritage. It's a time when we can honour the connection we have with one another, as well as the resiliency of the Indigenous community – especially after the last two years.

The gala theme this year was Making the Water Sing. Our Elders remind us that water is our first medicine. Each one of us come into this world through water and it is water that continues to sustain us. In return, we take care of the water with our songs, making the water sing. From mer-people, to petroglyphs, to canoes, we created a magical water world for guests to enjoy.

Our highly-anticipated cultural performance was a feast for the senses – hoop dancers, grass dancers, and fancy dancers, paired with contemporary

dancers in a spectacularly choreographed piece below a stunning 20-foot whale named Birtha. Artist Marie-Claude Charland named the whale, which was completely made of plastic water bottles, "Birtha" with an "I" because she helped us birth in a new beginning. Saint Paul University has since purchased the piece, and it will be displayed on their campus in perpetuity.

This year was Wabano's 15th gala and it sold out in three weeks, with a waitlist to attend the event. Shelagh Rogers, veteran broadcast-journalist from CBC Radio, was once again our emcee; she has hosted the event since 2013. Rogers' brother, John of CTV/Bellmedia, was our exuberant live-auctioneer for the evening. Mary Walsh, a long-time supporter of our gala, made a special appearance via Zoom, and our special musical guest, Mikail Laxton, gave a beautiful, soulful performance.

550

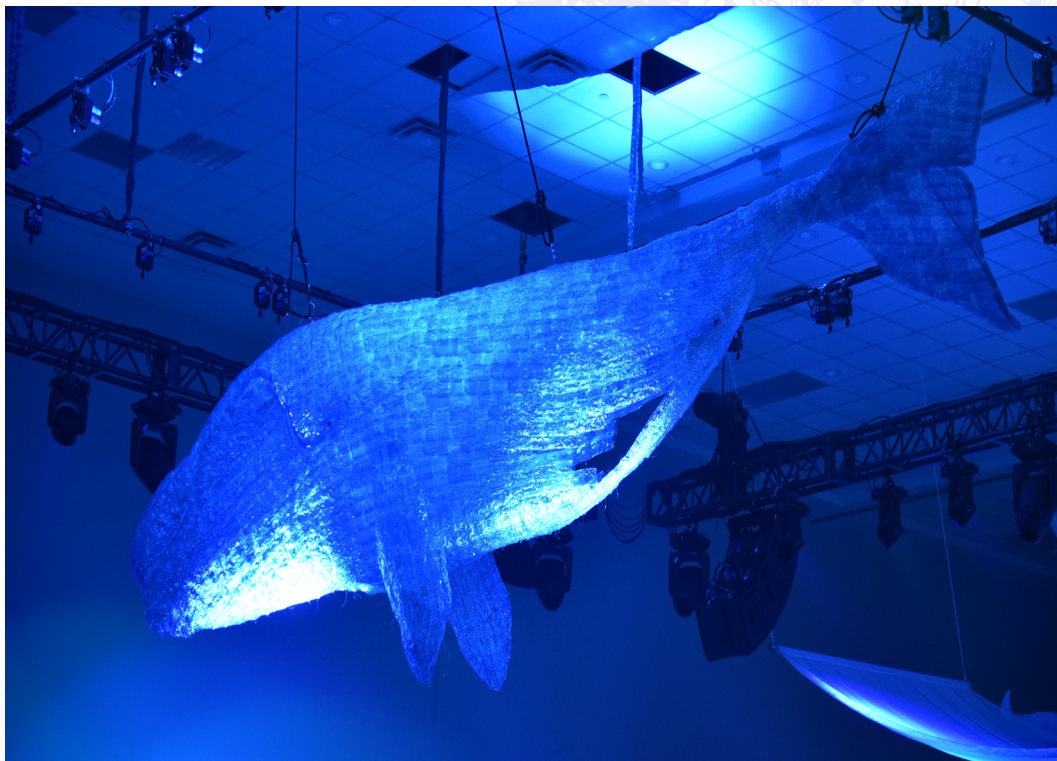
wooden fish ornaments
for guests to take home

\$250,000

total raised







Share Your Story: Indigenous Specific Racism in Health Care Across the Champlain Region

Racism and discrimination often arise from a multitude of stereotypes about Indigenous people that are deeply entrenched into Canadian society. Stereotypes are often the first “go to” by health providers and even health institutions across this country, and often result in racist and discriminatory treatment of Indigenous people. This isn’t something of the past – this racism continues to be experienced by Indigenous people every day.

Over the years, Wabano staff have heard hundreds of stories of anti-Indigenous racism that community members have experienced by the health care system. In partnership with the Ottawa Aboriginal Coalition (OAC) and with support from the Champlain Indigenous Health Circle Forum, the Share Your Story project began. During 2018-19, 315 stories from 208 people across the Champlain region were collected. These testimonials included both Indigenous people who experienced racism and those who had witnessed it.

Of the 315 stories of anti-Indigenous racism, 91% were rated by Wabano’s research interviewers as clear cases of anti-Indigenous racism. Participants reported that negative stereotypes about Indigenous peoples shape how they are treated by health service providers. More specifically, that:

- 76% of participants felt they could have received better service if they were able to hide their Indigenous identity
- 78% reported that they sometimes or always experience anti-Indigenous racism in the health care system
- 59% felt their experiences of racism and discrimination had negatively impacted their physical well-being
- 73% felt their experiences of racism and discrimination had negatively impacted their mental well-being

The report concludes with a set of 27 recommendations aimed at ending racism and discrimination in health service delivery.



Share Your Story

Indigenous-Specific Racism in Health Care Across the Champlain Region: Full Report
Wabano Centre for Aboriginal Health in Partnership with the Ottawa Aboriginal Coalition
Funded by Ottawa Public Health





The goal of this research was to not only highlight racism as a serious issue, but also to drive home the fact that it occurs regularly in the Nation's capital and surrounding region, and that ultimately, actions need to be taken to make the health care system a safer place for the Indigenous community.

All media materials, report and recommendations, are available at www.wabano.com/SYS

I had a bad hernia... and I was in so much pain and they thought I was a drug addict wanting drugs... just because I'm Aboriginal they thought I was there for something other than the actual pain...

-Inuk Female Participant

I dislocated my shoulder and I had to go to the hospital to get it set again. I was in the waiting room for a long time, like maybe an hour, not the waiting room but the little doctor's room... I can handle a lot of pain, but the pain got to be unbearable, and I started to cry out. Y'know, when you yell asking for help. And a woman came in, a nurse, and I asked her how long it was going to be for the doctor to see me and she started using a mean tone. She started giving me sh't and she said: 'You weren't supposed to take off your brace. What are you doing? Why did you do that to yourself? You should have listened to the doctor. You shouldn't have been coming back here.' And at one point she had said... and I'll always remember this: 'You people never listen to anything that you're told' and.... I asked her: 'What do you mean you people?' and she said: 'You know what I'm talking about... you people are stupid'.

-First Nations Male Participant

I have witnessed that person trying to advocate for themselves being told that they're being argumentative when they're speaking in a tone no more than I am speaking to you right now. Because they are visibly Indigenous, they're being argumentative and if they don't settle down security will be called, and security is called.

-Witness Health Professional



New Partnerships

Run Ottawa

Earlier this year, our Youth team partnered with Run Ottawa for the Tamarack Race Weekend in May. Run Ottawa generously provided 30 Indigenous youth (ages 13-24) a brand-new pair of running shoes and covered the registration fees for them to participate in the race weekend.

In addition, both community and Wabano staff came together as Team Wabano and joined the Charity Challenge, thereby becoming the first Indigenous organization to ever participate in the Tamarack Race Weekend.

Race Weekend took place from May 28-29, 2022; Team Wabano had 66 members who raised \$6,677.82 for the Centre!

Essilor Vision Foundation and Collège La Cité

Eye health is an important aspect of overall health, and eye problems are often associated with other health conditions such as diabetes. Eye exams can also reveal other serious health issues, such as an undetected stroke.

In partnership with Essilor Vision Foundation Canada and Collège La Cité, the diabetes team hosted a week-long eye-clinic at Wabano, leading up to World Sight Day (October 14, 2021). The clinic provided eye care to 50 Wabano clients, which included comprehensive eye exams by Optometrist Dr. Joshua Smith, with the assistance of opticianry students from La Cité.

Essilor Canada provided state-of-the-art optical equipment for the exams and donated glasses and corrective lenses. Lumiris, the Eye Care Centre at La Cité, delivered and fitted all the prescription eyeglasses to Wabano clients who participated.

66
team Wabano
members

\$6,677.82
raised



Hôpital Montfort

Wabano has had a long-standing relationship with Hôpital Montfort. When the new addition to our building was under construction back in 2011, Montfort generously donated space so that the clinic could continue to provide health care to our clients.

A memorandum of understanding was signed on November 1, 2021 with the goal of working together to address the gaps in service affecting the Indigenous population and to act on improving care.

To commemorate the Wabano-Montfort agreement, a painting by Mohawk artist Lee Claremont entitled, "New Beginnings", was gifted to the Family Birthing Centre from Wabano and is now proudly displayed at the hospital.



Wabano on The Web

Legacy Series Videos

Last year, Wabano launched its Legacy Series on YouTube. The vision behind creating these videos was to honour our Elders who have generously shared teachings with us. The videos are their legacy; with them, they can continue to teach for generations, long after they have returned to the spirit world.

This year, we launched three Legacy videos:

- **Nanabush & Creation:** Odawa/Ojibwe Knowledge Keeper Edna Manitowabi tells the story of Nanabush's creation – the first man to touch Mother Earth. These are the stories that Edna heard as a child. "Nanabush & Creation" is the first video in a Nanabush series.
- **Grandmother Moon with Jan Longboat:** Mohawk Elder & Traditional Herbalist, Jan Kahehtio Longboat of Six Nations teaches us about the Grandmother Moon.
- **Nanabush & the Spirit of Winter:** Edna Manitowabi tells another story of Nanabush: this time, she speaks of what happens when he visits the Spirit of Winter. This is the second video in the Nanabush series. Since Nanabush stories are told in the wintertime, we will be sharing our last two videos this coming winter.

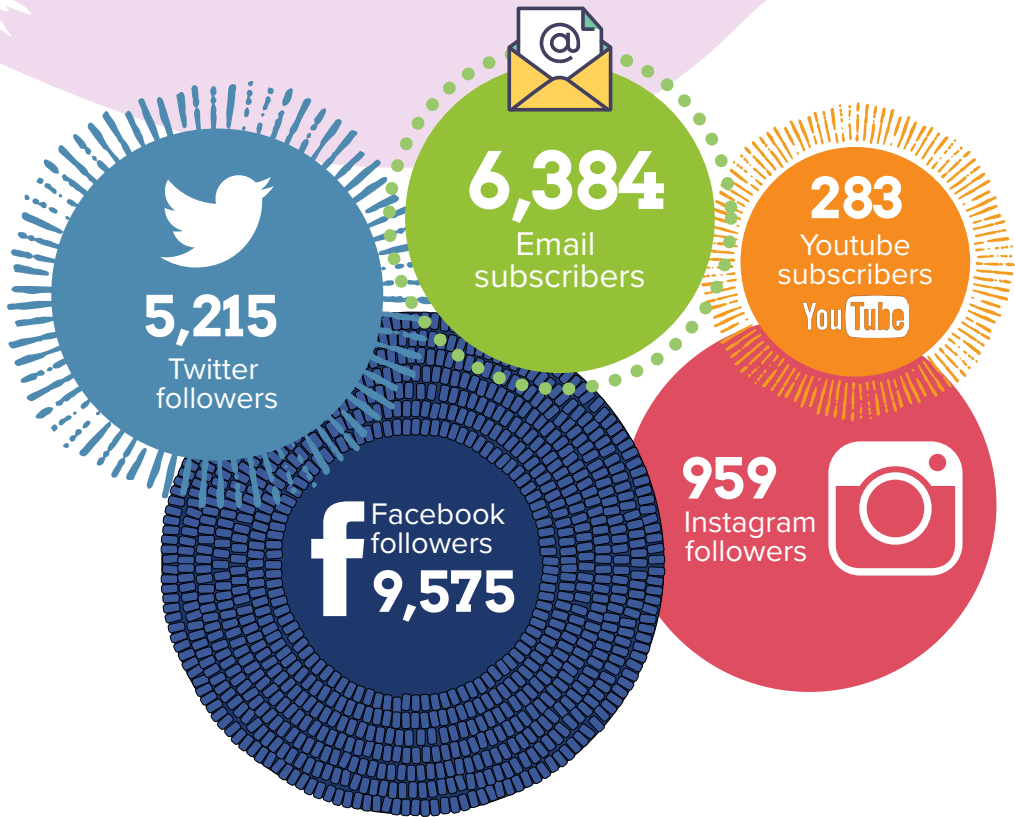


We also released three other videos on our YouTube channel:

- **Grandmother Moon with Peter Croal:** Grandmother Moon presentation by geologist Peter Croal of the Royal Canadian Geographic Society.
- **Racism in Healthcare | Share Your Story Project:** A powerful collection of video testimonials from those who have experienced racism in health care. This video accompanies the Share Your Story (SYS) Report. The SYS report highlights the experiences of anti-Indigenous racism and eye-witness accounts of more than 200 Indigenous people who sought health care services across the Champlain region.
- **Artist on Artist | David General and Carl Beam:** Oneida/Mohawk sculptor, David General, shares his thoughts on the prolific, multi-medium, Ojibwe artist Carl Beam and his 1999 Lithography works.



Communicating Online



Supporting Wabano

Support of Wabano can come in all kinds of ways.

Buy Wabano Fine Chocolates

Wabano Fine Chocolates is a social enterprise that makes and sells high quality, handmade artisanal chocolates. The goal of this enterprise is not just chocolate: by using Indigenous ingredients and combining the chocolates with Indigenous teachings, it promotes and shares culture, stories and languages. This is what makes Wabano Fine Chocolates different than any other chocolate business. Recently, we also began offering cultural chocolate edible paint night with the proceeds going back into Wabano.

Networking with other social enterprises, and both local and national businesses – in-person and virtually – has been a highlight of the past year. Even though we scaled back on promotion this past year, we still increased both our sales and customer. We look forward to continuing to serve returning and new customers.

Place your order today! volunteer@wabano.com



Become a Donor

Make a donation or have a commemorative pillar dedicated in the name of an individual or corporation. To give, please visit wabano.com. Charitable # 873580690-RR0001

Host your next meeting at Wabano

After two long years, we are pleased to share that we are able to host events and meetings once again in our beautiful space. The Wabano Centre for Aboriginal Health is known to many as one of the most beautiful buildings in the National Capital Region. The building, designed by the celebrated Indigenous architect Douglas Cardinal, is inspired by the land it sits upon, and like the Rideau river nearby, the building reflects the movement of the water with smooth, curvilinear forms.

The beautifully designed facility offers 10,000 square feet of meeting space that is ideal for corporate, government and not-for-profit meetings that require a combination of plenary and break-out spaces. Its flexibility is perfect for formal dinners, receptions, symposiums and training sessions. Indigenous-inspired cuisine is offered to make any event or meeting a one-of-a-kind experience.

We look forward to welcoming guests back into our facility this year. Reserve your dates early at wabano.com/events.

Wabano Success Stories

“I’m Right Where I Need to Be” – Cheyenne’s Story

Wabano often becomes the family that community members need. This was the case for Cheyenne.

Having lived in the Vanier area for a while, Cheyenne already knew of Wabano, and even had dreams of working there while she was studying addictions counselling in school. But it was only when she became a new mom that she joined programming at Wabano’s Early Years House. Having been disconnected from her own relatives and culture at a young age, Cheyenne was looking for a sense of community for her and her baby.

Behind closed doors, Cheyenne was experiencing domestic abuse. The Early Years program, led by Mary, became the safe place she so desperately needed. When you’re a victim of abuse, Cheyenne explains, you don’t open up a lot:

“Mary and I became close because she saw it. When I thought that nobody could see it, and that I couldn’t talk to anyone about it, she was there, and she saw me through the situation.”

Mary provided not only resources and direction for Cheyenne, but also someone she could trust.

Through all of this, Cheyenne finished her degree and applied to work at Wabano. She joined Wabano’s clinic team as a medical receptionist in January 2022.

“I haven’t had a sense of community in the past, but it’s here [at Wabano]. My team is there to listen, encourage, and it feels so nice. It makes me feel like I’m doing a good job, and that I’m right where I need to be.”

It is Cheyenne’s lived experiences that make her a compassionate and caring person – she sees herself in the single mothers who come into Wabano.

“I tell them: ‘If I can do it, you can do it.’ And the way they look at me makes me feel so proud. It’s the most rewarding thing.”



**For more information on Wabano’s Early Years programming,
visit wabano.com/wabanokids**

**Want Wabano to be part of your career path?
Visit wabano.com/job**

Wabano Success Stories

“Twists and Turns” – Rocky’s Story

Rocky was running away from everyone and everything when he landed in Ottawa. Addictions had taken over his life and he wanted the cycle to end. He began attending the Men’s Sharing Circle at Wabano. It was here that he started to learn what he was running from in his past and began his healing journey.

Sobriety is not a straight path; it is a journey with twists and turns, and after awhile Rocky found himself in the hospital following a serious overdose. Fearing for his son’s life, Rocky’s father insisted he stay in the hospital’s mental health ward to work on his sobriety.

This is when Frank came into Rocky’s life.

Frank runs Wabano’s Wellbriety groups, supporting Indigenous people on their sobriety journeys. The group uses traditional teachings to help people where they are at and find balance. Frank became Rocky’s biggest advocate, helping him navigate through the hospital system so that he had the support he needed to get sober.

Once out of the hospital, Rocky began attending Wellbriety meetings and prioritizing his sobriety, and himself, for the first time in his life. Listening to other group members share their pains, their struggles – and sharing his own – motivates and empowers Rocky.

“Those groups are my emotional recharge – it’s inexplicable. I leave feeling so happy, so fulfilled. My addictions need to be worked at, every day. And that’s how I do it – it’s the thing that keeps me going.”



And Rocky, who now knows he is part of *Bizhiw doodem* (Lynx clan), continues to keep going. With Frank’s support, Rocky completed courses at Willis College and is continuing his education at Algonquin College. He is working and is connected to his culture like never before.

Even through the twists and turns of the pandemic, Rocky has remained on his Wellbriety journey.

“Since COVID, my life has definitely gotten better. While a lot of people have struggled, I have found financial security... I have a home; I have three jobs. Life has been good ever since Wabano.”

**For more information on Wabano’s Wellbriety Groups, visit:
wabano.com/wellbriety**

About Wabano

The Wabano Centre for Aboriginal Health is an award-winning and internationally recognized healthcare facility located in Ottawa, Ontario. Wabano's unique model of care emphasizes the importance of nurturing the mind, body and spirit through the provision of a full medical clinic, mental wellness and addictions services, community and cultural programs, and community outreach. The result has been the creation of a place of belonging where culture flourishes in support of more than 18,000 Indigenous people.

Our Board

Chair: John Francis

Vice-Chair: Alfred Linklater

Secretary: Jennifer Francis

Treasurer: Shaun Logue

Member-at-Large: Patricia Baxter

Member-at-Large: Valorie Whetung

Member-at-Large: Louise Logue

Our Vision

We envision a world in which all Indigenous people have achieved full and equitable access to the conditions of health. This includes pride in ancestry, cultural reclamation, peace, shelter, education, food, income, a stable environment, resources, social justice, and where the gifts and wisdom of our cultures are recognized as valuable, distinctive and beautiful.

We believe that good medicine is characterized by:

- Reclaiming culture as a pillar of healing;
- The teaching and healing practices of Indigenous people;
- A contemporary model of quality primary healthcare;
- Focusing on the individual in the context of their family and the community;
- Believing in the wisdom of Elders, traditional healers, and teachers; and,
- Believing in the importance of traditional ceremony and celebration.

Our Mission Statement

The Wabano Centre for Aboriginal Health is an urban health centre that:

- Provides quality, holistic, culturally-relevant health services to Ottawa's First Nation, Métis, and Inuit population;
- Engages in clinical, social, economic and cultural initiatives that promote the health of all Indigenous people;
- Promotes community-building through education and advocacy; and,
- Serves as a centre of excellence for urban Indigenous health.

Our Mandate

The main purpose of the Centre is to create and deliver services that will prevent ill health, treat illness and provide support and aftercare. Services are offered in a culturally sensitive way that welcomes, accepts and represents all Indigenous people.





Wabano

wabano.com

